



All Saints' Episcopal Church
SAINTS ALIVE!

106 West Church Street, Frederick, Maryland 21701

November 2016

Known and Loved, *by God and Each Other*

Author and researcher Dr. Brené Brown has spent the last 13 years studying vulnerability, courage, worthiness, and shame. She describes her discoveries in all of her books and she is refreshingly honest about how her scientific study of human behavior has changed her own life. Dr. Brown began her work trying to understand why some people were very resilient to life experiences of shame or failure, and other people were very brittle. As she collected her data, listening to story after story of people's lives, she began to compose a list of traits that she described as "whole-hearted" from the people who were resilient. And other folks, who were "hustling for worthiness" had a list of traits that were often the exact opposite of whole-hearted living. As Brené looked at those two lists, she came to the painful realization that her own life resembled more closely the list of brittle, shame-compromised people and she was not living a whole-hearted existence. It is always tough when your own research comes back to bite you.

Dr. Brown was discovering that the antidote to shame is not hiding, being perfect, or trying harder to please others, but instead being vulnerable. Shame loves the darkness and breeds in isolation—but being vulnerable in the light of day with someone who has earned the right to hear your story will kill shame fast. The more I read her books and listened to her TED Talks, the more I recognized our own Christian story of salvation. Jesus

invites us to stop hiding and instead come openly to his table for nurture and living water. Be vulnerable in the presence of Christ so that you can be known and loved. The more we open up and trust the unconditional love of God, the more we experience the joy of being whole-hearted. Hiding is not good for the soul.

The role of a Christian community is to create a safe

*"Being vulnerable
in the light of day
with someone who has
earned the right
to hear your story
will kill shame
fast."*

place to practice knowing and loving one another. Out in the world, you cannot always depend on people to be their best selves. But in the context of our church, we are developing the skills of Christ so that we can be Christ to one another. Don't judge, listen carefully, offer hospitality, apologize when you hurt

someone, respect the dignity of every human being . . . you know, our baptismal covenant. We are striving to create a safe space where it is normal to know each other and love each other; this kind of holy vulnerability and courage is where resurrection happens. Being known and loved are the ingredients for salvation and transforming the world. This is what the kingdom of heaven looks like here on earth as it is in heaven.

—Mother Adrien

Challenging the Politics of Division

First, a confession. For several years in my ordained ministry following seminary, I carefully avoided preaching on most of the controversial issues facing our country. Judging from the silence in my sermons, you would have thought our Lord Jesus would frown on his followers speaking to the political culture of our times, and the Christian gospel has practically nothing to say about how to govern ourselves as a just and democratic society.

The reasons for my silence were neither indecipherable nor noble. In truth, I was scared. I chickened out from saying anything that would rile up the congregants in my small church who represented the diversity of political and social views that the national polls say continue to divide us today. I liked my job, I liked getting paid, and I liked being liked. So, I found creative ways to step around saying anything that would upset a particular voting bloc in my church—be it liberal or conservative, Democrat or Republican, progressive or traditionalist.

And yet, Jesus himself was “political.” By that I do not mean he aligned himself with a certain party, nor did he propose purely political solutions for the social problems of his day. Jesus was, of course, supremely a spiritual and religious figure in the lineage of the Hebrew prophets before him. But it is undeniable that the life and ministry of our Lord put him in conflict with the political powers and values of his culture. The gospel Jesus and his followers proclaimed had inevitable ramifications for how society was to be organized for the benefit of the people.

The Christian gospel cannot be reduced to a personal soul-saving and life-changing message for individuals alone, and it cannot be cocooned to operate solely within organized religious communities. The gospel impacts all of life, including all political institutions. As the French Catholic poet Charles Peguy once wrote, “Everything begins in mysticism, and ends in politics.”

The current political season is marked by fear, anger, mistrust and division. The values of Christian gospel, however, are characterized by the “fruit of the Spirit” in St. Paul’s Letter to the Galatians: “love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.” (5:22-23) The politics of Jesus, no matter what social or economic policies are being espoused or denounced, demand these values undergird both the tone of the political conversation and its proposed outcomes.

Shouldn’t the politics of Jesus move us to judge what our political candidates say about their opponents, how they talk about “others,” and if their economic and social policies are based on the kind of gospel values that St. Paul commended?

If so, then we should talk about these things in church. But given our current sour political climate, how? At the risk of being attacked for being overly simplistic, I humbly offer the following ground rules. I offer these for both ordained clergy

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HOLY EUCHARIST: WORSHIP SCHEDULE

Sunday	8 a.m.	Rite I Holy Eucharist	Historic Church
	9 a.m.	Holy Eucharist with Contemporary Music	Great Hall
	10 a.m.	Formation Hour	Various Locations
	11 a.m.	Holy Eucharist with Traditional Music	Historic Church
	6 p.m.	“Sundays @ 6” Holy Eucharist	Historic Church
Wednesday	5:30 p.m.	Holy Eucharist with Prayers for Healing	St. Paul’s Chapel
Thursday	8 a.m.	Lay-Led Morning Prayer	St. Paul’s Chapel

WORSHIP AND FELLOWSHIP

(Continued from page 2)

as they preach and for those in the congregation as they listen.

A guideline for preachers

- Always preach the gospel. Respect the pulpit; don't view it as your personal political platform.
- Speak as one informed witness to Christ's gospel, acknowledging there are other witnesses.
- Remind your listeners that this is the beginning of a conversation you want to have with them, not the end of a needed conversation.
- Show some courage. It's easier in the long run for your pastoral ministry than cowardice.
- Be willing to listen, be willing to change your mind, be willing to repent.

A word to listeners

- Cut your preachers some slack. They really are trying to say and do the right thing.
- Acknowledge in yourself that Jesus was both a spiritual and a political teacher.
- Read the cited Scriptures, and have the conversation with God and with others that the preacher is inviting you to have.
- Be willing to listen, be willing to change your mind, be willing to repent.

If our churches in the Diocese of Maryland can put into practice the gospel-infused values of Jesus, then we can show the world another model of political discourse in this divisive season, one based on "striving for justice and peace among all people, and respecting the dignity of every human being." (Book of Common Prayer, page 417)

—*The Rt. Rev. Eugene Taylor Sutton, Bishop of Maryland*

HISTORIC HOUSES OF WORSHIP

Each year, we open our doors for the annual Christmas 'Candlelight Tour of Historic Houses of Worship' on Monday, Dec. 26. All Saints' has committed to participate again this year—if you'd be willing to greet guests, give directions, or staff the hospitality center, please contact the church office with your interest.

We give you thanks for the fruits of the earth in their season and for the labors of those who harvest them. Make us, we pray, faithful stewards of your great bounty, for the provision of our necessities and the relief of all who are in need, to the glory of your Name. Amen.

—*Abridged Collect for Thanksgiving Day*

Thanking our Veterans—

In November, join us in thanking our veterans for their service to our citizens and our country. Please send the name and branch of service of a veteran you would like to thank to churchoffice@allsaintsmd.org, or call 301-663-5625.

Deadline: Nov. 7



Spring Forward, Fall Back

'Daylight Saving Time' ends
at 2 a.m. on November 6.
Don't forget to change your clocks!

Gratitude this Season

Be part of Christ's Body as we give thanks at Frederick's
Ecumenical Thanksgiving Worship service
November 21, 7 pm, at Evangelical Reformed United
Church of Christ (ERUCC), 15 West Church Street.



THE MANY SHAPES OF LOVE

Six weeks ago, I was sitting in a budget and finance meeting, trying to be a responsible senior warden. I got a phone call, from a number that I didn't recognize, so I ignored it. Then I got a text, "Hi Niki, I just left you a voicemail about Ralph. Not sure if you received it, wanted to make sure that you got the info. He's broken his ankle and is being taken to the hospital. Paramedics are here with him now." I was relieved that it was 'just a broken ankle' — I rushed out of the meeting to see what I could do to help him. The details of the rest of the evening will never leave me.

As many of you know, it was much more than a broken ankle. Without the heroic actions of fellow travelers on the journey, Ralph may not still have his foot and I may not still have Ralph.

The woman on the bike who called and texted had also called 911. The shirtless man pacing at the scene had used his shirt as a tourniquet and literally saved Ralph's life. The paramedics who decided that the helicopter was the best option to get my husband to a place where medical professionals would employ their God-given gifts to lead us to the best possible outcome. Rev. Adrien who held my hand while we waited for Ralph to be transported to the helicopter. Dear friends and strangers who prayed when they saw the emergency vehicles and watched the medivac lift off from the field at Frederick High. My dear friend and honorary brother who dropped everything to drive me to Baltimore that night, and sit with me and my son while we waited. The many hands from All Saints' who prepared the meals waiting on our doorstep when we came home from the hospital three days later, that were the nourishment for our bodies and spirits through those early days and weeks. Those who visited at lunch time, or gave encouraging calls, cards and text messages.

In this month of thanksgiving, in this season of stewardship, I am overwhelmed and awed by the ways in which our community is woven into our lives and has worked to hold us up through it all. Ralph and I are so incredibly grateful. The journey of healing continues—when we are discouraged, we continue to look to the community of faith in which we are forever woven, for strength, peace and God's healing, protecting love. Thank you.

—Niki Thrash, Senior Warden

"Without their actions, Ralph may not still have his foot and I may not still have Ralph."

RE-ENERGIZING THE FELLOWSHIP & HOSPITALITY COMMITTEE

"And do not forget to do good and to share with others, for with such sacrifices God is pleased." —Hebrews 13:16

We are in the process of re-energizing the Fellowship and Hospitality Committee and are looking for individuals who have time and interest in joining this endeavor. Please contact Christine Harris (clch68@msn.com or 301-639-4735) Cathy Guzauskas, or June Miller (miller_guzauskas@verizon.net or 301-748-5581) if you have ideas, suggestions or would like to be part of this important effort. Think about Rev. Jessica's sermon asking us "Where we see God?" God's love radiates through the people of All Saints'. We would love to have you join us showing God's love to one another.

—June Miller

EXTENDING OUR THANKS

We'd like to publicly thank all those who have been instrumental in Mother Adrien's Installation here at All Saints'. From the Search Team, to the Vestry, our Worship Team, Hospitality and Fellowship, and many many more, calling Mother Adrien here and worshipping together at her installation is truly a community effort, and it could not have happened without this blessed body of Christ.

Celebrating the Feast of All Saints' and All Souls'

This year, we'll commemorate the Feast of All Souls' during our Wednesday 5:30 service on Nov. 2. At that service, we invite you to bring a photo or memento of someone who's passed to add to our Altar of Remembrance.

We'll also worship on our namesake day, All Saints' Sunday, on Nov. 6. Worship will be held at our usual times, and we'll also have special fellowship to honor our feast day!

**ST. MARY'S COULD USE A FEW
GOOD HANDS!**

The Annual St. Mary's Gifts and Greens Sale is looking for some help during the sale itself, and with our bake-sale portion of the event. Caught your interest? Read on!

On Dec 1, 2 and 3, we need salespeople and baggers for 2-3 hours at a time, especially on Friday and Saturday. All ages welcome, men and women. To help at the sale, call Volunteer Chair Mary Ann to sign up (Masimmons59@gmail.com or 301 471 8171).

Bakers and chefs! St. Mary's need YOU to help out in the kitchen for the luncheon. On Thursday, Dec. 1, and Friday, Dec. 2, we will need hands to prepare sandwiches and soups.

We also need your excellent baking skills to do sheet or layer cakes, double crust fruit pies (no cream or pumpkin pies, please), cookies (people love chocolate chip!), fudge brownies, or gluten-free goodies for the bake table. You can also bring your prepared cookie dough to the kitchen the week before the Greens Sale, and we will bake them for you—no muss, no fuss! Please contact Dan Lajewski at 301-695-1438 to volunteer for the Bake Sale or to ask questions.

**REFILLING THE CUP:
INVESTING IN A VIBRANT FUTURE**

The days are getting shorter, the leaves are falling, and you're running into pumpkin spice everywhere you turn. That can only mean one thing – it's time for a Stewardship campaign! Our church has seen a lot of changes in the past year. We've bid farewell to Fr. Earl, searched our hearts and the nation's ordained Episcopalians to bring Mother Adrien here as our new rector, replaced our most visible beacon to the community with the steeple restoration project, and made plans for a new organ to continue our wonderful tradition of spirit and music-filled worship for generations to come.

These investments in our future are signs of a vibrant, healthy parish and were made possible by the generosity of people who came before us who made gifts to our endowment and have pledged with a faithfulness made possible only by an abundant and loving God. This year's Stewardship campaign is off to a great start with a series of inter-



*Holiday Gifts
and Greens Sale*

**Thursday, Dec 1, 2016
10 am to 7 pm
Friday & Saturday, Dec. 2 & 3
10 am to 4 pm**

*Soups, sandwiches, and café
Fresh-cut Frederick County greens
Decorated Table-Top Trees
Potted amaryllis and paperwhites
Wreaths, swags, centerpieces
Handcrafted Items
Silent Auction
"Select Your Prize" Raffle*

**Café and Lunch
available Thursday & Friday.
Visit allsaintsmd.org/greens
for more information**

views taking place during the sermons, allowing us all to think and share about the ways we are woven together.

Thank you so much to Tracy Boyd and Robin Jones, who provided assistance with the design and printing of this year's Stewardship campaign materials. The campaign is a true team effort between Stewardship, Budget and Finance, the clergy and the Vestry. If you didn't receive Stewardship campaign materials in the mail, please look for them in the worship spaces, around the buildings, and on our homepage at allsaintsmd.org.

The time has come to refill the cup to ensure that the current and future needs of All Saints' can be met. Thanks to be God for our many blessings.

—Rachel Querry

ADMINISTRATION AND FELLOWSHIP

ST. MARY'S MEETING

St. Mary's Chapter will hold its next luncheon meeting on Monday, Nov. 7 at noon in the Parish Hall. A delicious hot luncheon, at a cost of \$5, will be served, followed by our special guest speaker, the Rev. Dr. D. Stuart Dunnan, the headmaster of St. James School. Fr. Dunnan will give a brief overview of the school, which is located near Hagerstown, and will show a DVD of the school's campus and its students and faculty. This will be a perfect opportunity for those of you who have children in the 7th grade or older and have considered an excellent Episcopal education to attend Fr. Dunnan's presentation. Please feel free to invite your friends in the Frederick community who might also have children who would like for them to attend St. James.

ATTENDANCE

Averages for the month of September

AVERAGE ATTENDANCE

Wed. Evening chapel	10
Thurs. Morning Prayer	4
Sun. 8 a.m.	43
Sun 9 a.m.	95
Sun 11 a.m.	103
Sun. 6 p.m.	14
Total	269

AVERAGE OFFERING AT REGULAR SERVICES

General Giving	\$ 42,965
Sunday School	\$ 11
Total	\$ 42,976
Monthly Budgeted Offering Amount	\$ 41,233

Gourmet Night

Join us for this month's
Gourmet Night on **November 9.**

Doors open at 6 p.m.
Dinner is served at 6:30.

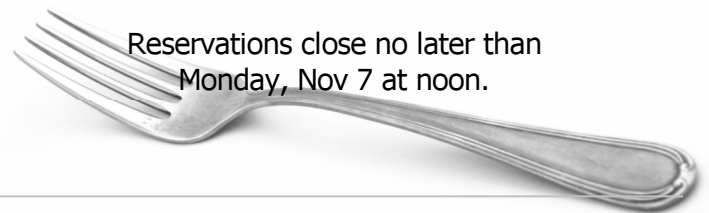
This month's menu is:
North African Lamb Shanks
Lentil Salad with Beets and Pomegranate
Assortment of North African Sweets
Try it, you'll like it: Oxtail

This month's protein must be pre-ordered,
so your early reservation is appreciated!

Seating is by reservation only.
We can no longer accept walk-ins.

Tickets are \$18 per person.
Childcare available.

To make your reservations,
contact the church office at 301-663-5625 or
**Pay online at [www.allsaintsmd.org/
gourmet-night.php](http://www.allsaintsmd.org/gourmet-night.php)**



Reservations close no later than
Monday, Nov 7 at noon.

November Birthdays!

01 | Scarlett Gibb 02 | Matthew Gilford, Jacob Jones 03 | Joseph Conte, Amanda Sell, Brenna Snyder 04 | Lin Caywood, Ryan Tan, Steve Percy 05 | Kristofer Kreissig 06 | Charles Austin, Martin Fox 07 | Alice McCormick, Richard Brown, Molly Gough 08 | Kyle Lokey 10 | Steven Marsh 11 | Nevan West, Sofia West 12 | Nelson Jones, Herb Fogle, Tina Butcher, Erica Eyler, Luke Rice 14 | Charles Crum 15 | Lynn Gebrowsky, Logan Joiner 16 | Virginia Clark 17 | Matthew Conte 18 | Vicki Snyder, JoEllen Nutter, Melissa Deveney, Tyler Hegamy, Jordan Lehnert 19 | Sarah Schlotterbeck, David Bing, Natalie Flynn 20 | Nicole Prorock, Caroline Price, Kaitlen Staab, Kyrsten Staab, Evan Eastep 21 | Anne Golden 22 | Teresa Scott, James Writer, Catherine Conte 23 | Mildred Mumford, Krista Romagnoli, Jessica Hoult, Jimmy Walker, Josie Clarke 24 | Linda Bainbridge 25 | Stanley Nagle 27 | Teresa Masser, Sherri Rice, Helen Writer 28 | Thomas DiGirolamo, Ellis Kitchen, Mary Ann Wesselman 29 | Simon Arendt

Don't see your birthday? Send your info to churchoffice@allsaintsmd.org to be included on our birthday list!

MINISTRIES LIST

Acolytes, Chalice Bearers, Lectors

Please contact the church office for more information.

Adult Formation Planning Group

2nd Tuesdays, except July, 7 PM
Jr./Sr. High Room
Contact: Rev. Jessica Holthus,
301-663-5625

Altar Guild

Contact: Jody Deveney
301-694-9361, jodydeveney@gmail.com

Budget and Finance Committee

3rd Wednesdays, 7 PM
Conference Room
Contact: Mark Gibson

Buildings and Grounds Committee

2nd Mondays, 7 PM
Conference Room
Contact: Ellis Kitchen

Care Teams

Contact: Linda Procter, 301-371-4955
Dottie Pratt, 301-668-0477

Centering Prayer

Saturdays, (program year*)
10 AM, Faithful Followers
Contact: Alice McCormick

Communications Committee

Meets as needed
Contact: Waymon Wright, 240-529-2800

Daughters of the King

2nd Saturdays (program year*)
10:30 AM, Jr./Sr. High Classroom
Contact: Sarah Bro

Flower Guild

Contact: Jackie Gambill
jamgambill97@gmail.com

Forum of Faith

10 AM, Parish Hall (program year*)
Contact the church office for information

Gourmet Night

Second Wednesdays (program year*)
Doors open at 6 p.m.

* 'Program Year' activities generally run
September–June

Healing Prayer Ministry

Leader: Niki Thrash

Junior Daughters of the King

Contact: Jen Mariano, 301-668-2733

Music Ministries Rehearsals

Contact: Carroll Howe (program year)
301-663-5625

Sanctuary Choir

7:30-9 PM, Thursdays
Choir Room

Great Hall Choir

6:45-8 PM, Tuesdays
Great Hall

Jubilate Choir

5-6 PM Wednesdays
Nave Choir Room

All Saints' Ringers

6:30-7:30 PM Thursdays
Historic Church

Outreach Committee

Contact: Peg McGreevy
mmmccgreevy@gmail.com

Over The Hill Gang

Tuesday mornings
Contact: Ed Cornish

Personnel Committee

Contact: Christine Harris

Prayer Shawl Ministry

1st Saturdays (Oct-June)
10 AM, Memorial Lounge
Contact: Sue Fowle

St. Mary's Chapter

1st Mondays (Sept-June)
Noon, Parish Hall
Chapter president:
Judy Haines 301-682-9756

Strategic Planning Committee

Contact: Linda Procter, 301-371-4955

Stewardship Committee

2nd Mondays (program year*)
7:30 PM, Faithful Followers
Contact: Rachel Querry

Vestry

3rd Tuesdays
7 PM, Senior High Classroom
Contact: Niki Thrash

Worship Team

3rd Sundays; Feb, May, Aug, Nov
12:15 PM, Conference Room
Contacts: Clarence Harper 301-418-0577
Jody Deveney 301-694-9361

SAINTS ALIVE! NEWSLETTER

A publication of All Saints' Episcopal Church. All inquiries, news, or letters should be directed by e-mail to churchoffice@allsaintsmd.org or the church office. We reserve the right to select and edit all materials. The deadline for each issue of *Saints Alive!* is the 15th of every month.

ALL SAINTS' EPISCOPAL CHURCH
106 West Church Street
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301-663-5625
www.allsaintsmd.org

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Fri. 9 AM - 3 PM

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ALL SAINTS' VESTRY

Niki Thrash, *Sr. Warden*
Ellis Kitchen, *Jr. Warden*
Marty Powers, *Treasurer*
Richard "Curt" Curtis, *Registrar*

Class of 2017

Tracy Boyd
Jonathan Gambill
Angie Mann
Linda Procter

Class of 2018

Tina Butcher
Scarlett Gibb
Rixey Hoult
Tommy Turbyville

Class of 2019

Laura Clarke
Joanna Gibb
Scott Richardson
Ellen Zaybekian

Youth Rep

Calvin Barnhart

ALL SAINTS' CLERGY AND STAFF

The Rev. Adrien Dawson, *Rector*
adawson@allsaintsmd.org

The Rev. Jessica Holthus, *Assoc. Rector*
jholtus@allsaintsmd.org

The Rev. Columba Gilliss, *Assisting Priest*
The Rev. Elaine Prince, *Assisting Priest*

Carroll Howe, *Music Director*
musicdirector@allsaintsmd.org

Alyssia Turner, *Parish Administrator*
agilbert@allsaintsmd.org

Hope Gravning,
Facilities and Events Coordinator
hope@allsaintsmd.org

Debora Van Tongeren, *Accountant*
treasurer@allsaintsmd.org

Nancy McArthur, *Sexton*